



FOR IMMEDIATE RELEASE — MAY 8, 2026

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## Dr. Daniel Gay & Capital Surgical Associates Earn UnitedHealth Premium® Care Designation and Blue Cross of Idaho Premium KPI Tier Status

Dual recognition from Idaho's largest insurer and UnitedHealthcare — honoring outstanding quality, safety, and cost-efficient surgical care in the Treasure Valley



**BOISE, Idaho — May 8, 2026** — Capital Surgical Associates is proud to announce that **Dr. Daniel Gay** has earned the **UnitedHealth Premium® Care Physician** designation and the practice has achieved **Blue Cross of Idaho's Premium KPI Tier** — two of the most prestigious performance recognitions available to Idaho physicians from the state's two largest commercial insurers.

**Dr. Daniel Gay**

These dual honors were awarded without appeal, reflecting the practice's consistent, data-driven commitment to delivering safe, timely, effective, and cost-efficient surgical care across the Treasure Valley.

*"This recognition reflects the dedication of our entire team to delivering safe, timely, and effective care to every patient we serve. Being recognized by both UnitedHealthcare and Blue Cross of Idaho is a tremendous honor, and we remain committed to the highest standards of surgical excellence for our Boise community."*

— **Dr. Daniel Gay, Capital Surgical Associates, Boise, Idaho**

**The UnitedHealth Premium® Care designation** is awarded annually to physicians who meet rigorous criteria for both *effective quality care* (score  $\geq 50$  on a standardized 0-100 scale) and *efficient quality care* (score  $\geq 25$ ), evaluated using health plan claims data benchmarked against national peers. The designation is displayed in commercial provider directories and may be used by members to help make more informed choices for their medical care.

**Blue Cross of Idaho's KPI Premium Tier** is a value-based performance program that evaluates physicians by comparing actual cost of care delivered against expected cost benchmarks. Achieving the Premium Tier — the highest classification — means the practice's actual costs were measurably lower than expected, while quality standards were maintained. Blue Cross of Idaho has served approximately 600,000 members since 1945 and is Idaho's longest-standing and most dominant health insurer, offering coverage across all 44 Idaho counties.

♥♥  
**Premium Care Physician**  
UnitedHealth Premium® — safe, timely, effective & efficient care

### DUAL RECOGNITION SCORECARD

UHC Effective Care	$\geq 50$ ✓
UHC Efficient Care	$\geq 25$ ✓
BCI KPI Tier	<b>Premium</b> ✓
Actual vs. Expected Cost	<b>Favorable</b> ✓
Appeals Required	<b>None</b> ✓



Dr. Gay — Capital Surgical Associates OR

### SERVING THE TREASURE VALLEY

Boise · Meridian · Nampa · Caldwell  
**(208) 321-4790**  
CapSurgical.com  
DrDanielGay.com

# Capital Surgical Associates — Boise, Idaho

Continued: UnitedHealth Premium® & Blue Cross of Idaho Premium KPI Tier Announcement



## What These Designations Mean for Patients

### ✓ UnitedHealth Premium® — Effective Quality Care

Measured using nationally endorsed clinical quality measures from NCQA, PQM, and government agencies. Requires a score of 50+ on a 0-100 scale, evaluated using claims data benchmarked against national peers with 90% statistical confidence.

### ✓ UnitedHealth Premium® — Efficient Quality Care

Assessed via risk-adjusted patient annual cost and episode cost measures. Requires a score of 25+, with costs case-mix adjusted and compared to peer benchmarks — ensuring fair comparison across different patient populations.

### ✓ Blue Cross of Idaho — Premium KPI Tier

Blue Cross of Idaho's Key Performance Indicator program evaluates actual cost of care against expected cost benchmarks. Achieving Premium Tier — with no appeal required — means Capital Surgical Associates delivered measurably superior value in 2025.

### ✓ What This Means for You

Patients with UnitedHealthcare plans may qualify for lower co-pays and cost-sharing when choosing a Premium Care Physician. Members of both insurers can feel confident they are choosing a physician recognized for both clinical excellence and cost efficiency.

## About Capital Surgical Associates

✓ Orthopedics   ✓ General Surgery   ✓ Urology

Capital Surgical Associates proudly serves Boise, Meridian, Nampa, and Caldwell with expert surgical care. Dr. Daniel Gay leads the practice with advanced techniques and evidence-based medicine. Recognized by both UnitedHealthcare and Blue Cross of Idaho as a top-tier surgical provider in the Treasure Valley.

### PRACTICE HIGHLIGHTS

- ♥♥ UnitedHealth Premium® Care
- 🏆 BCI — Premium KPI Tier
- 🏠 No Appeal Required — 2025/26
- 📍 4 Treasure Valley Communities
- 🏥 3 Surgical Specialties
- ☎ (208) 321-4790

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Main Phone

🌐 CapSurgical.com  
Practice Website

🌐 DrDanielGay.com  
Dr. Gay's Website

📍 Boise, Idaho  
Treasure Valley

### 🏠 Accepting Most Major Insurances — Including All Featured Plans

UnitedHealthcare · Aetna · BlueCross BlueShield · Blue Cross of Idaho · Regence · SelectHealth · Humana · Medicare · TRICARE · PacificSource

